

## Feedback Notes

### Center

1. Kickoff procedures.
2. Wider diagonal during play.
3. Defensive area foul advantage
4. Free kick position.
5. Corner kick mechanics.
6. Goal kick mechanics
7. Wall set up.
8. Goal scored mechanics.
9. Penalty kick mechanics
10. Card presentation.

### Center

1. Hold the ball while the assistants are checking the nets and count the players and see that the uniforms are in. After the assistants signal that they are in position, give the ball to the players and get in position. Start your watch and then blow the whistle to start the game.
2. Keep the ball between you and your assistants to keep the field in view. Do not turn your back to your assistant and stay left of the ball. Give your signal in your quadrant with your left arm to force you to turn your body to face the field. Keep your feet moving to change your angles during play. Use one arm to give your signal; do not use both arms as in pointing to the foul with one and giving direction with the other.
3. Do not give advantage to the defense when they are fouled in their defensive third of the field. Call the fouls so the attackers do not continue this action on the defenders.
4. Get closer to where the ball will be landing to be near the play and watching for fouls. Call the foul and start moving up field right away.
5. Give your signal to the side that the kick will be taken and get in position around the top corner of the penalty area on your side. When it is on the near side, give your signal and then move into the center as the kick is taken to see the goalie and the players for any fouls that will happen. Take the same position and also behind the goal line when the kick is on the far side to see the same things.
6. Position yourself to left of the ball to be in your diagonal and ready for the attack or counterattack. Confirm with your assistant that the ball is placed properly before the kick is taken.
7. After you blow your whistle, backpedal to set up your wall and keep the ball in view while you get in position for the kick
8. After a goal is scored. Give a signal towards the center circle and move closer to your lead assistant to keep the players in view and protect the assistant from trouble. Write the information needed and get back into the kickoff position and make sure that only one is writing and the others are watching the field. Trail, Lead and then the Center (TLC) is the order..
9. Blow your whistle loud and point to the Penalty spot and face the players as you back pedal to the goal line and observe the players. Give the ball to the kicker and tell the player to wait for the whistle and inform the goalie what you want them to do and not to do and get in position to blow the whistle.
10. Isolate the player and stand 1 to 2 yards away and raise the arm straight up showing the card and holding for about 2 to 3 seconds for everybody to see it and write it in the book. You can also stand over the ball to prevent s restart while you are recording.

### Assistant

1. Flag mechanics.
2. Goal kick mechanics.
3. Corner kick mechanics.
4. Penalty kick mechanics.

### Assistant

1. When giving any signal. Stop and face the field square to the field, make eye contact and make your signal sharply and if needed to follow the centers signal. Hold it up for 2 to 3 seconds and then bring it down. Keep the flag field side at all times and practice switching hands below your waist to give the signal. When the play is away from you, stand straight with your hands at your side and the flag straight down and facing the field. On substitutions hold the flag between your palms with your hands and arms straight up. Bring the flag down when acknowledged by the center and handle the substitution. Keep your hands out of your pockets at all times, unless you are getting something out. After a goal as a trail assistant you should backpedal to watch the field and write as instructed in the pre-game. If you are the lead assistant, you give a sprint of 10 to 15 yards to the center and then face the field and write as instructed in the pre-game instructions.
2. Stop and face the field and give the signal with your right arm and hold the position for 2 to 3 seconds and bring the flag down. If it is an obvious goal kick, then proceed to the goal area line and wait until the ball is set down in the goal area and then proceed to the top of the penalty area or the second to the last defender as needed.
3. Stop and give your signal 1 to 2 yards from the corner and hold for 2 to 3 seconds and then go behind the flag or the kicker with the flag field side. If it is an obvious corner kick, proceed to the flag and stand behind the flag or kicker. Assist the center as necessary for encroachment.
4. Make eye contact with the Referee and signal the infraction. Get in position at the corner of the goal line and penalty area meet and do as instructed by the Center in the pre-game instructions.